

# Solaris Ladies Community Club

## Y Aerobics Schedule - Winter 2011 Y

Day\Time	11am-12pm	12:30pm -1:30pm	2:30pm - 3:30pm	6pm-7pm
Saturday	STEP Youmna	Fit. Mix Reda	—	Fit. Mix Reda
Sunday	—	—	Hi Lo Yomna	Pilates Anastasia
Monday	—	Fit. Mix Reda	—	Fit. Mix Reda
Tuesday	—	—	Hi Lo Yomna	YOGA Anastasia
Wednesday	Dancing Youmna	Fit.Mix Reda	—	Fit. Mix Reda
Thursday	—	—	Hi Lo Yomna	—

Fees	Per Class	Per Month ( 12 Classes )
Members Fees	25L.E	200LE
Non. Members Fees	35 L.E	300 L.E

**Policy System:** \* the membership fees is unrefundable under any case, except in severe illness conditions ( Medical report required )

\* In case of missing any class, it's unrepeatabe.

\*Monthly membership ends in One Month not more.

\*classes starts from 3 ladies.

**For more info. Call us on: 012-SOLARIS or 016-8836940**